

## Vaccine Safety: Examine the Evidence

Vaccines are under constant study. For a vaccine to become part of the AAP Recommended Immunization Schedule (</English/safety-prevention/immunizations/Pages/Recommended-Immunization-Schedules.aspx>), it must be tested in many steps, found safe and be closely monitored. Safety testing begins as soon as a new vaccine is made and clinical trials start. Evidence of safety continues to be gathered for as long as a vaccine is in use.



### Getting answers about vaccines

Pediatricians get a lot of questions from parents about vaccines. They are ready to answer them all, no matter how big or small, common or unusual they are. A lot of questions come from things parents read online. There's so much information out there, and not all of it is accurate. It can be hard to know what's true. That's why it helps to talk with someone you can trust, someone trained to understand the science and discuss what it means for your child.

Pediatricians' knowledge and experience make them great partners to help you navigate the information out there, weigh risks and benefits and make the best decision for your child. Now more than ever, talking with your pediatrician can give you clarity and peace of mind.

### The truth about vaccines & autism

The U.S. Centers for Disease Control and Prevention (CDC) recently added misleading claims to their [autism \(/English/health-issues/conditions/Autism/Pages/Autism-Spectrum-Disorder.aspx\)](/English/health-issues/conditions/Autism/Pages/Autism-Spectrum-Disorder.aspx) webpage. We want to be clear: decades of high-quality, large-scale studies show that vaccines do not cause autism. "Parents deserve peace of mind. Decades of rigorous research have shown vaccines do not cause autism," said [Dr. Susan Kressly \(https://www.aap.org/en/news-room/news-releases/aap/2025/statement-by-aap-president-susan-j.-kressly-md-faap-on-changes-to-cdcs-website-on-autism?\\_gl=1%2ansnfnk%2a\\_ga%2aMTA4MDkxODkzNi4xNzI5MTkxNjQy%2a\\_ga\\_FD9D3XZVQQ%2aczE3NzQ5NzE2NzkkbzM1OSRnMSR0MTc3NDk3MzY0OCRqMjckbDAkaDA.\)](https://www.aap.org/en/news-room/news-releases/aap/2025/statement-by-aap-president-susan-j.-kressly-md-faap-on-changes-to-cdcs-website-on-autism?_gl=1%2ansnfnk%2a_ga%2aMTA4MDkxODkzNi4xNzI5MTkxNjQy%2a_ga_FD9D3XZVQQ%2aczE3NzQ5NzE2NzkkbzM1OSRnMSR0MTc3NDk3MzY0OCRqMjckbDAkaDA.), past president of the American Academy of Pediatrics (AAP). "Vaccines are one of the safest and most effective ways to protect children's health and help them thrive."

## What to know about vaccines

The AAP Recommended Child and Adolescent Immunization Schedule is based on expert review of all available evidence.

As a parent, you can be reassured to know that there have been hundreds of large-scale studies around the world on vaccine safety during the past several decades. They show that:

- Recommended vaccines are safe for children and teens.
- Vaccines don't cause autism or developmental delays.
- Vaccine ingredients are safe.
- Vaccines are not associated with conditions like allergies, diabetes or fertility problems.
- The vaccine against measles doesn't cause inflammatory bowel disease or autism.
- The risk of a febrile seizure after getting the combined vaccine against measles, mumps, rubella and varicella (MMRV) is extremely low.

**Research continues to confirm that vaccines protect children and teens from serious diseases.**

## How we know that vaccines are safe for children & teens: a research round-up

a quick look at some of the studies published in trusted scientific journals. They show that there is no link between vaccines and immune, viral or neurodevelopmental health conditions.

**Note:** This is not a complete list. Vaccine safety studies are constantly being conducted and published. The studies below were published between the late 1990s and the early 2020s. Before any study is published, experts review it carefully. They check the methods and data to make sure the results are accurate and reliable.

## Recommended vaccines are safe

### **Safety of Vaccines Used for Routine Immunization in the United States: An Update**

Agency for Healthcare Research and Quality (AHRQ) Publication No. 21-EHC024 (2021)  
(<https://effectivehealthcare.ahrq.gov/products/safety-vaccines/research>)

This 2021 report is an update to a 2014 report (<https://publications.aap.org/pediatrics/article/134/2/325/33005/Safety-of-Vaccines-Used-for-Routine-Immunization>) from the Agency for Healthcare Research and Quality (AHRQ). The 2021 update found no new evidence of increased risk of rare adverse events (severe allergy, seizures caused by fever and blood clotting issues) following administration of routine recommended childhood vaccinations.

### **Association Between Estimated Cumulative Vaccine Antigen Exposure Through the First 23 Months of Life and Non-Vaccine-Targeted Infections From 24 Through 47 Months of Age**

Glanz JM, et al. *JAMA*. 2018; 319: 906-913 (<https://jamanetwork.com/journals/jama/fullarticle/2673970>)

This study looked at 994 children ages 24-47 months who had an emergency department (ED) or inpatient visit. 193 children were seen for an infectious disease for which there is no vaccine. Reserachers counted how many antigens the children were exposed to through vaccines. They compared the group of 193 children with the remaining 801 children who were seen for a different reason. There was no significant difference in the two groups of children related to their exposure to multiple vaccines through the first 23 months of life and their risk for infections not targeted by vaccines.

### **Assessment of Efficacy and Safety of mRNA COVID-19 Vaccines in Children Aged 5 to 11 Years: A Systematic Review and Meta-Analysis**

Watanabe A, et al. *JAMA Pediatr*. 2023; 177(4): 384-394 (<https://jamanetwork.com/journals/jamapediatrics/fullarticle/2800743?resultClick=1>)

Reviewers looked closely at data from 17 studies involving 10,935,541 vaccinated and 2,635,251 unvaccinated children between 5 and 11 years of age. They concluded that COVID-19 vaccination was associated with lower risks of SARS-CoV-2 infection, symptomatic COVID-19, hospitalization and multisystem inflammatory syndrome in children. The overall frequency of severe adverse events associated with vaccination, including myocarditis, was low.

### **Respiratory Syncytial Virus Maternal Vaccination in Infants Below 6 Months of Age: Meta-Analysis of Safety, Immunogenicity and Efficacy**

Mapindra MP, et al. *Neonatology*. 2024; 121(3): 271-282 (<https://karger.com/neo/article/121/3/271/894569/Respiratory-Syncytial-Virus-Maternal-Vaccination>)

This meta-analysis evaluated six randomized clinical trial studies of the maternal RSV vaccine. It concluded that RSV vaccination is safe for mothers and provides effective antibody levels in infants. The vaccine reduces RSV-related severe disease in babies younger than 6 months. The overall reduction of RSV-related lower respiratory tract infections and hospitalizations in the first 6 months of life ranges between 48% and 52%.

### **Efficacy and Safety of Hepatitis B Vaccine: An Umbrella Review of Meta-Analyses**

Qiu J, et al. *Expert Rev Vaccines*. 2024 Jan-Dec; 23(1): 69-81 (<https://www.tandfonline.com/doi/full/10.1080/14760584.2023.2289566>)

Researchers compiled and analyzed studies with evidence about strategies to prevent infection with the hepatitis B virus using the hepatitis B vaccine. They concluded that universal hepatitis B vaccination can effectively reduce infection with the virus. Researchers also concluded that adjuvants in vaccines and booster vaccination enhance immune protection without significant reactions. After they analyzed the evidence about safety of the hepatitis B vaccine in the studies, they concluded that most people don't experience side effects. They found that if side effects happen (injection-site pain, fatigue and myalgia), they are mild.

### **Immunogenicity and Safety of Pneumococcal Conjugate Vaccine in Children: A Systematic Review and Meta-Analysis**

Dai Q, et al. *Front. Pediatr.* 2025; 13. doi: 10.3389/fped.2025.1652946  
(<https://www.frontiersin.org/journals/pediatrics/articles/10.3389/fped.2025.1652946/full>)

Researchers analyzed 11 studies involving 147,274 two-year-old children. They found that, compared with placebo, the PCV vaccine lowered the incidence of pneumonia and increased the level of IgG antibodies.

### **Efficacy, Immunogenicity and Safety of Pertussis Vaccine During Pregnancy: A Meta-Analysis**

Shi Q, et al. *Vaccines (Basel)*. 2025 Jun 20; 13(7): 666. doi: 10.3390/vaccines13070666 (<https://www.mdpi.com/2076-393X/13/7/666#>)

Researchers reviewed 7 randomized controlled trials and 10 case-control studies published between 2014 and 2024. They concluded the trials and studies did not show a significant association between Tdap vaccination during pregnancy and serious adverse events in infants and pregnant women.

### **Universal Hepatitis B Vaccination at Birth—Safety, Effectiveness and Public Health Impact**

Center for Infectious Disease Research and Policy. Vaccine Integrity Project. Hepatitis B (<https://www.cidrap.umn.edu/vaccine-integrity-project/hepatitis-b>)

This 2025 report looks at information and recommendations from the past 40 years related to universal hepatitis B vaccination at birth in the United States. Sources of information included epidemiological trends, vaccine coverage, clinical trials, clinical studies, federal vaccine committee reports, systematic reviews, meta-analyses and risk-of-bias analyses. The authors also reviewed studies from national safety monitoring programs which verify safety signals for hepatitis B vaccines licensed for the U.S. The report concludes there is no benefit related to vaccine safety or protection in a delayed first dose compared with getting it at birth. On the contrary, delaying the first dose increases the risk of getting hepatitis B in newborns.

## Vaccines are not associated with conditions like infertility or diabetes

### **Evidence Refuting the Existence of Autoimmune/Autoinflammatory Syndrome Induced by Adjuvants (ASIA)**

Ameratunga R, et al. *J Allergy Clin Immunol Pract.* 2017(5): 1551-1555 (<https://www.sciencedirect.com/science/article/pii/S2213219817305172>)

Authors reviewed the diagnostic criteria for ASIA and looked into data that explains the cause of that syndrome. They found that patients with treatment called allergen-specific immunotherapy (IT) get 100 to 500 times more injected aluminum over 3 to 5 years, than people getting the papillomavirus vaccines. The studies reviewed show that ASIA patients receiving IT had a lower incidence of autoimmune disease, which suggests adjuvants do not cause or increase autoimmune disease in them. Further review of other study of patients with a different autoimmune condition received the hepatitis B and HPV vaccines did not see exacerbation of their condition.

### **No Association between HPV [human papillomavirus] Vaccination and Infertility in U.S. Females 18–33 Years Old**

Schmuhl NB et al. *Vaccine.* 2020. 19; 38: 4038–4043 (<https://www.sciencedirect.com/science/article/abs/pii/S0264410X2030414X?via%3Dihut>)

Authors found there is no link between getting the human papillomavirus (HPV) vaccine and infertility in women from the age group studied.

### **The Childhood Vaccination Schedule and the Lack of Association With Type 1 Diabetes**

Glanz JM, et al. *Pediatrics.* 2021; 148:e2021051910 ([https://publications.aap.org/pediatrics/article/148/6/e2021051910/183391?\\_gl=1%2a11qf6m4%2a\\_ga%2aMzk4NTc1NTg4LjE3NDg5NzU2ODg.%2a\\_ga\\_FD9D3XZVQQ%2aczE3NzUxNTA5MTIkbzUyMSRnMSR0MTc3NTE1](https://publications.aap.org/pediatrics/article/148/6/e2021051910/183391?_gl=1%2a11qf6m4%2a_ga%2aMzk4NTc1NTg4LjE3NDg5NzU2ODg.%2a_ga_FD9D3XZVQQ%2aczE3NzUxNTA5MTIkbzUyMSRnMSR0MTc3NTE1))

Researchers studied medical records from 584,171 children to learn if there was a link between receiving on-time vaccination (following the immunization schedule) and children developing type 1 diabetes mellitus (/English/health-issues/conditions/chronic/Pages/Diabetes-Mellit). They found vaccination did not increase the risk of children developing type 1 diabetes.

### **A Prospective Cohort Study of COVID-19 Vaccination, SARS-CoV-2 Infection and Fertility**

Wesselink AK, et al. *Am J Epidemiol.* 2022; 191(8): 1383-1395 (<https://academic.oup.com/aje/article/191/8/1383/6511811>)

Study authors found COVID-19 vaccination did not affect odds of achieving pregnancy in females. They also found that being infected with the virus lead to a brief decline in fertility for males. This means the vaccine is safe for females who want to get pregnant. It also means not getting vaccinated does not affect the fertility of males.

# Vaccines don't cause autism or developmental delays

## **Autism and Measles, Mumps and Rubella Vaccine: No Epidemiological Evidence for a Causal Association**

Taylor B, et al. *The Lancet*. 1999; 353: 2026-2029 (<https://www.thelancet.com/journals/lancet/article/PIIS0140-6736%2899%2901239-8/abstract>)

Authors looked for any change in number or age of children diagnosed with autism associated with the MMR vaccine introduced in the United Kingdom. The study identified 498 cases of autism (261 "core" autism; 166 "atypical" autism; 71 "Asperger syndrome") in children born in the UK since 1979. The study found no change in autism cases by year of birth with no sudden change after the MMR vaccine was introduced. There was no difference in age at diagnosis between children born before or after 18 months of age and those never vaccinated. There was no causal relationship found between onset of autism within 1 or 2 years of MMR. Developmental regression was not clustered in the months after vaccination.

## **Mumps, Measles and Rubella Vaccine and the Incidence of Autism Recorded by General Practitioners: A Time Trend Analysis**

Kaye JA, et al. *BMJ*. 2001; 322: 460-463 (<https://www.bmj.com/content/322/7284/460.full>)

A United Kingdom study looked at links between MMR vaccination of children and rising prevalence of autism diagnoses in children. The study included children with a pervasive developmental disorder born between 1992 and 1995 who received the MMR vaccine. They were compared with children who did not receive the vaccine. The study concluded the likelihood of autism was the same between children who received the MMR vaccine and those who didn't.

## **Neurologic Disorders After Measles-Mumps-Rubella Vaccination**

Mäkelä A, et al. *Pediatrics*. 2002; 110: 957-963 (<https://publications.aap.org/pediatrics/article/110/5/957/64506/Neurologic-Disorders-After-MMR-Vaccination>)

This study looked at 535,544 children aged 1-7 years old who were vaccinated between November 1982 and June 1986 in Finland. Researchers found no connection between MMR vaccination and encephalitis, aseptic meningitis or autism.

## **A Population-Based Study of Measles, Mumps and Rubella Vaccination and Autism**

Madsen KM, et al. *NEJM*. 2002; 347: 1477-1482 (<https://www.nejm.org/doi/10.1056/NEJMoa021134>)

In a population-based study in Denmark that included 537,303 children born between 1991 and 1998, Researchers found no link between autism and MMR vaccination, time since MMR vaccination, or date of MMR vaccination.

## **Immunization Safety Review: Vaccines and Autism**

Institute of Medicine, The National Academies Press: 2004 (<https://nap.nationalacademies.org/catalog/10997/immunization-safety-review-volume-1>)

An independent review committee found there is no causal relationship between the MMR vaccine and autism. The Institute of Medicine Immunization Safety Review on Vaccines and Autism involved input from 15 committee members with expertise in pediatrics, internal medicine, immunology, neurology, epidemiology, biostatistics, public health, risk perception, decision analysis, nursing, genetics, ethics and health communications. The committee reviewed relevant studies. The group also rejected a causal relationship between thimerosal-containing vaccines and autism.

## **Age at First Measles-Mumps-Rubella Vaccination in Children with Autism and School-Matched Control Subjects: A Population-Based Study in Atlanta**

DeStefano F, et al. *Pediatrics*. 2004; 113: 259-266 (<https://publications.aap.org/pediatrics/article/113/2/259/66877/Age-at-First-Measles-Mumps-Rubella-Vaccination-in-Children-with-Autism-and-School-Matched-Control-Subjects>)

In this large case-control study, researchers compared MMR vaccination timing in a group of children with autism and a school-matched control group who did not have autism. They found no links between getting the MMR vaccine at the recommended age and an increased risk of conditions like the group of children with autism.

## **Relationship Between MMR Vaccine and Autism**

Klein KC, Diehl EB. *Ann Pharmacother*. 2004; 38: 1297-1300 (<https://journals.sagepub.com/doi/10.1345/aph.1D293>)

Researchers identified and evaluated 10 articles on autism and the MMR vaccine. They didn't find any causal relationship between the vaccine and autism.



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### **Increasing Exposure to Antibody-Stimulating Proteins and Polysaccharides in Vaccines is Not Associated with Risk of Autism**

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DeStefano F, et al. *J Pediatr*. 2013; 163: 561-567 (<https://www.jpeds.com/article/S0022-3476%2813%2900144-3/fulltext>)

Researchers studied 321 children with diagnosis of autism spectrum disorder (ASD), autistic disorder (AD) or ASD with regression and 752 children with these conditions. They compared the number of components used in vaccines that each group of children had received through vaccines. Researchers found that children with a diagnosis of ASD, AD or ASD with regression had received more vaccine components. Having a diagnosis of ASD, AD or ASD was not associated with exposure to vaccine components at any of the studied time periods (birth to 3 months, birth to 7 months, birth to 2 years), or with the number of vaccine components a child received in one day.

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### **Vaccines Are Not Associated with Autism: An Evidence-Based Meta-Analysis of Case-Control and Cohort Studies**

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Taylor L, et al. *Vaccine*. 2014; 32: 3623-3629 (<https://www.sciencedirect.com/science/article/abs/pii/S0264410X14006367?via%3Dihub>)

Authors of a meta-analysis review of 10 studies (5 cohort and 5 case-control) involving over 1.25 million children looked at autism spectrum disorder and two vaccine ingredients: thimerosal (mercury) and the measles-mumps-rubella (MMR) vaccine. No causal association was found between vaccinations and autism. In addition, no causal association was found between ASD and thimerosal (mercury).

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### **Autism Occurrence by MMR Vaccine Status Among U.S. Children with Older Siblings with and Without Autism**

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Jain A, et al. *JAMA*. 2015; 313: 1534-1540 (<https://jamanetwork.com/journals/jama/fullarticle/2275444>)

The study looked at MMR vaccine status in children with and without autism spectrum disorder (ASD) with older siblings with and without ASD. The relative risk was calculated for a child receiving an ASD diagnosis at ages 2 years, 3 years or 4 years based on 0 doses or 1 dose of MMR vaccine and whether the child had a sibling with ASD or a sibling without ASD. Relative risk also was calculated for any child who got an ASD diagnosis at age 5 years based on 1) whether they had received doses of MMR vaccine, and 2) whether the child had a sibling with ASD or a sibling without ASD. No harmful association was found between MMR vaccine and risk of ASD. In addition, no causal association was found between receipt of 1 or 2 doses of MMR vaccine and having a higher risk of ASD for children with ASD.

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### **In Utero Exposure to Maternal COVID-19 Vaccination and Offspring Neurodevelopment at 12 and 18 Months**

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Jaswa Eleni G, et al. *JAMA Pediatrics*. 2024; 178(3): 258-265 (<https://jamanetwork.com/journals/jamapediatrics/fullarticle/2814106?resultClick=1>)

This cohort study included 2,261 and 1,940 infants aged 12 and 18 months, respectively, who were exposed to the COVID-19 vaccine in utero. Researchers found no association between in utero exposure to the COVID-19 vaccine and with abnormal neurodevelopmental scores on the Ages and Stages Questionnaire, third edition.

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### **Early Childhood Developmental Concerns Following SARS-CoV-2 Infection and COVID-19 Vaccination During Pregnancy: A Scottish Family Cohort Retrospective cohort study**

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Hardie I, et al. *The Lancet*. 2025; 9(3): 162-171 (<https://www.thelancet.com/journals/lanchi/article/PIIS2352-4642%2825%2900008-2/fulltext>)

Researchers looked for connections between SARS-CoV-2 infections during pregnancy, COVID-19 vaccination during pregnancy and early childhood developmental concerns in kids aged 13–15 months in Scotland. Concerns included communication, problem solving and development of social, emotional, behavioral and cognitive skills. Researchers analyzed data from 24,919 child-mother pairs. They did not find any connection between SARS-CoV-2 infection during pregnancy and developmental concerns in children. Instead, they found that getting the COVID-19 vaccine during pregnancy might reduce chances of developmental concerns and emotional or behavioral development in children.

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## Vaccine ingredients are safe

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### **Association Between Thimerosal-Containing Vaccine and Autism**

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Hviid A, et al. *JAMA*. 2003; 290: 1763-1766 (<https://jamanetwork.com/journals/jama/fullarticle/197365>)

A study of 467,000 children born in Denmark between 1990 and 1996 compared children who were vaccinated with a thimerosal-containing vaccine and children who received a thimerosal-free formulation of the same vaccine. The risk of autism spectrum disorders was the same for children vaccinated with thimerosal-containing vaccine and for children vaccinated with thimerosal-free vaccine. The results do not support a causal relationship between childhood vaccination containing thimerosal and development of autism spectrum disorders.

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### **Thimerosal-Containing Vaccines: Lack of Consistent Evidence for an Association with Autism**

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Price C, et al. *Pediatrics*. 2010; 126: 656-664 ([https://publications.aap.org/pediatrics/article/126/4/656/65633/Prenatal-and-Infant-Exposure-to-gl-1%2a1l0f4rp%2a\\_ga%2aMzk4NTc1NTg4LjE3NDg5NzU2ODg.%2a\\_ga\\_FD9D3XZVQQ%2aczE3NzUyMzQ0NTc1NCRnMSR0MTc3NTIzO](https://publications.aap.org/pediatrics/article/126/4/656/65633/Prenatal-and-Infant-Exposure-to-gl-1%2a1l0f4rp%2a_ga%2aMzk4NTc1NTg4LjE3NDg5NzU2ODg.%2a_ga_FD9D3XZVQQ%2aczE3NzUyMzQ0NTc1NCRnMSR0MTc3NTIzO))

Researchers reviewed managed care organization records and conducted interviews with the parents of 256 children with autism spectrum disorder. They also studied another 752 children without autism, matched to the ASD children by birth year, gender and managed care organization. Prenatal and mercury from thimerosal-containing vaccines and immune globulin was not related to increased risk of ASDs.

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### **Lack of Association Between Measles-Mumps-Rubella Vaccination and Autism in Children: A Case-Control Study**

Budzyn D, et al. *Pediatr Infect Dis J*. 2010; 29: 397-400 ([https://journals.lww.com/pidj/abstract/2010/05000/lack\\_of\\_association\\_between\\_measles\\_mumps\\_rubella.3.aspx](https://journals.lww.com/pidj/abstract/2010/05000/lack_of_association_between_measles_mumps_rubella.3.aspx))

Researchers in Poland compared the vaccination history of 96 children with autism, age 2 to 15 years, and 192 children without the disorder. They found no association between receiving the measles-mumps-rubella (MMR) vaccine and the development of autism. In fact, children later diagnosed with autism who were vaccinated before the diagnosis was made had a lower autism risk than those who were not vaccinated. The result was similar for children with autism spectrum disorder. (</English/safety-prevention/immunizations/Pages/Vaccine-Ingredients-Frequently-Asked-Questions.aspx>) measles vaccine.

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### **Updated Aluminum Pharmacokinetics Following Infant Exposures Through Diet and Vaccination**

Mitkus RJ, et al. *Vaccine*. 2011; 29(51): 9538-9543 (<https://www.sciencedirect.com/science/article/abs/pii/S0264410X11015799?via%3Dihub>)

This study compares the amount of aluminum from vaccines and diet during an infant's first year of life with the safe amount of aluminum in the Risk Level (MRL) model. Researchers concluded that exposures to vaccines with aluminum adjuvants (</English/safety-prevention/immunizations/Pages/Vaccine-Ingredients-Frequently-Asked-Questions.aspx>) are extremely low risk for infants. They also concluded that the benefits of getting those vaccines outweigh potential concerns.

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### **Blood and Hair Aluminum Levels, Vaccine History and Early Infant Development: A Cross-Sectional Study**

Karwowski MP, et al. *Acad Pediatr*. 2018; 18: 161-165 (<https://www.sciencedirect.com/science/article/pii/S1876285917304837>)

Researchers studied the potential connection between the amount of aluminum found in the body and infant development in a group of children from an urban primary care center. They used the Bayley Scales of Infant and Toddler Development to measure development, and linear regression models to measure aluminum load. Researchers found there was no connection between aluminum in children's bodies and their immunization history or their language and cognitive development (</English/ages-stages/baby/Pages/Development-8-to-12-Months.aspx>).

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### **Aluminum-Adsorbed Vaccines and Chronic Diseases in Childhood: A Nationwide Cohort Study**

Andersson NW, et al. *Annals of Internal Medicine*. 2025; 178(10): 1369-1377 (<https://www.acpjournals.org/doi/10.7326/ANNALS-25-00997>)

Researchers analyzed information from over 1.2 million two-year-old children born in Denmark between 1997 and 2018. They compared national vaccinations, outcome diagnoses and potential confounding variables for those children. The amount of aluminum in childhood vaccines varied, but they did not find evidence supporting an increased risk for autoimmune, atopic or allergic or neurodevelopmental disorders associated with early childhood aluminum-containing vaccines (</English/safety-prevention/immunizations/Pages/Vaccine-Ingredients-Frequently-Asked-Questions.aspx>).

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### **The Role and Safety of Aluminum Adjuvants in Childhood Vaccines**

Nirenberg E, et al. *Pediatrics*. 2025; doi:10.1542/peds.2025-074874 ([https://publications.aap.org/pediatrics/article/doi/10.1542/peds.2025-074874/Safety-of-Aluminum-Adjuvants-in?\\_gl-1%2a1gnv9sa%2a\\_ga%2aMzk4NTc1NTg4LjE3NDg5NzU2ODg.%2a\\_ga\\_FD9D3XZVQQ%2aczE3NzUyMzQ0NTc1NCRnMSR0MTc3NTIzO](https://publications.aap.org/pediatrics/article/doi/10.1542/peds.2025-074874/Safety-of-Aluminum-Adjuvants-in?_gl-1%2a1gnv9sa%2a_ga%2aMzk4NTc1NTg4LjE3NDg5NzU2ODg.%2a_ga_FD9D3XZVQQ%2aczE3NzUyMzQ0NTc1NCRnMSR0MTc3NTIzO))

Researchers break down how decades of research show that aluminum adjuvants (</English/safety-prevention/immunizations/Pages/Vaccine-Ingredients-Frequently-Asked-Questions.aspx>) are safe and are not linked to autism, asthma or autoimmune disorders in children. The report compares aluminum from vaccines with everyday sources of aluminum. Authors note that the entire AAP recommended immunization schedule (</English/safety-prevention/immunizations/Pages/Recommended-Immunization-Schedules.aspx>) has significantly less aluminum than a single dose of antacids, for example. The report also answers safety concerns that parents have about vaccines. Evidence from the strongest studies with more than a million children have consistently found there is no link between aluminum toxicity and vaccines.

## Measles-containing vaccines do not cause inflammatory bowel disease

### **No Evidence for Measles, Mumps and Rubella Vaccine-Associated Inflammatory Bowel Disease or Autism in a 14-Year Prospective Study**

Peltola H, et al. *The Lancet*. 1998; 351:1327-1328 (<https://www.thelancet.com/journals/lancet/article/PIIS0140-6736%2898%2924018-9/fulltext>)

This 14-year prospective study tracked subjects who developed gastrointestinal symptoms or signs starting 1 hour or longer after MMR vaccination and lasting 24 hours or more. Researchers also checked hospital and health center records or interviewed local public health nurses. They found no evidence of MMR vaccine-associated inflammatory bowel disease or autism.

### **Measles-Mumps-Rubella and Other Measles-Containing Vaccines Do Not Increase the Risk for Inflammatory Bowel Disease: A Case-Control Study From the Vaccine Safety Datalink Project**

Davis RL, et al. *Arch Pediatr Adolesc Med*. 2001; 155: 354-359 (<https://jamanetwork.com/journals/jamapediatrics/fullarticle/190443>)

The study looked at possible connections between measles-containing vaccines and risk of Crohn's disease, ulcerative colitis or irritable bowel disease (IBD). The study found no link between past vaccination, the age when someone received a measles-containing vaccine and increased risk of Crohn's disease, ulcerative colitis or IBD. Vaccination with MMR or other MCV, or the timing of vaccination early in life, did not increase the risk for IBD.

### **Measles, Mumps and Rubella Vaccination and Bowel Problems or Developmental Regression in Children with Autism: Population Study**

Taylor B, et al. *BMJ*. 2002; 324:393 (<https://www.bmj.com/content/324/7334/393.long>)

This study looked at a population of children born between 1979 and 1998, including 473 with autism. Researchers found no evidence that the MMR vaccine, a "new variant form" of autism and bowel problems or developmental regression were connected.

## The risk of febrile seizure after getting the MMRV vaccine is very low

### **Measles-Containing Vaccines and Febrile Seizures in Children Age 4-6 Years**

Klein N, et al. *Pediatrics*. 2012; 129: 809-814 (<https://publications.aap.org/pediatrics/article/129/5/809/73854/Measles-Containing-Vaccines-and-Febrile-Seizures-in-Children-Aged-4-to-6-Years>)

This cohort study included 715,484 children aged 48-83 months to determine the risk of having a febrile seizure after vaccination. Organized in 4 groups, children received the MMR-V vaccine, separate vaccines on the same day, only the MMR vaccine or only the varicella vaccine. Authors concluded that the rate of febrile seizure after MMRV was no increased risk of febrile seizures in any of the study groups within 6 weeks of vaccination.

## How vaccine studies separate cause from coincidence

What do ice cream cone and air conditioner sales tell us about vaccine studies? They help explain an important idea: **association and causation are not the same.**

In a study, if two things happen at the same time or one after the other, researchers look closely for any connection between them. Two things can happen at the same time or one after the other, but one does not always cause the other.

For example, a store sells ice cream cones and air conditioners. The shopkeeper notices that when the store sells more ice cream cones, it also sells more air conditioners. There might be an association between the increasing sales of the two products (they are happening at the same time after all). But more ice cream sales do not cause or lead to more air conditioning sales and the other way around.

The same is true for vaccines. When someone develops a health problem after getting a vaccine, that does not necessarily mean the vaccine caused it. Researchers study these situations carefully. In fact, hundreds of studies over decades on the effects of vaccines on children show that they are safe.

Medical researchers keep reviewing new data to make sure safety information stays up to date and is available to the public. This includes looking into all kinds of reactions to vaccines—even the rare negative ones. Decades of research from many countries show the benefits far outweigh the risks.

If an adverse event (<https://historyofvaccines.org/getting-vaccinated/vaccine-faq/vaccine-side-effects-and-adverse-events/>) happens after a child gets a vaccine, parents can report it to the U.S. Vaccine Adverse Events Reporting System (<https://vaers.hhs.gov/>) (VAERS), even if the health problem was not caused by the vaccine. VAERS tracks reports of health reactions possibly connected to a vaccine. Using the information collected with this system, medical researchers and public health authorities evaluate any potential harms related to vaccines, even if the chance is very small. Read more about how VAERS is used as part of a larger safety monitoring system here (<https://vaers.hhs.gov/>).

## Where did the MMR vaccine and autism myth come from?

In 1998, a study claimed there was a link between the MMR (measles, mumps, rubella) vaccine and autism. The results of the study were later proven false. However, that claim caused fear and confusion for many parents.

In 2011, British journalist Brian Deer investigated Dr. Andrew Wakefield, the researcher behind the 1998 study. A 2011 *BMJ* feature article entitled "Secrets of the MMR Scare: How the Case Against the MMR Vaccine Was Fixed (<http://www.bmj.com/content/342/bmj.c5347.full>)" explored Wakefield's practices during the study. The investigation revealed serious problems with Wakefield's research. As a result, the study was retracted (<https://www.thelancet.com/journals/lancet/article/PIIS0140673697110960/fulltext>) in 2010, and Wakefield lost his medical license.

Before it was retracted, Wakefield's 1998 study had been cited more than (<https://retractionwatch.com/the-retraction-watch-leaderboard/top-10-most-highly-cited-retracted-papers/>) 600 times. **This serves as an example of how easily misinformation can spread, and how hard it can be to correct.**

More evidence on the Wakefield study is presented in a 2021 *PLoS One* study, Quantifying the effect of Wakefield et al. (1998) on skepticism about MMR vaccine safety in the U.S. (<https://journals.plos.org/plosone/article?id=10.1371/journal.pone.0256395>), and 2019 *JAMA* original investigation, "Assessment of Citations of the Retracted Article by Wakefield et al With Fraudulent Claims of an Association Between Vaccination and Autism (<https://jamanetwork.com/journals/jamanetworkopen/article-abstract/2755486>)."

Finally, on Feb. 12, 2009, the U.S. Court of Federal Claims (also called the "vaccine court") ruled in three test cases. The court found overwhelming scientific evidence against any link between the MMR vaccine, thimerosal (</English/safety-prevention/immunizations/Pages/Vaccine-Ingredients-Frequently-Asked-Questions.aspx>) (a preservative) and autism.

## Remember

If you have any questions about vaccines and your child, don't hesitate to talk with your pediatrician.

## More Information

- [How Vaccines Are Developed, Safety Tested & Approved: Step by Step \(/English/safety-prevention/immunizations/Pages/how-vaccines-are-developed-tested-for-safety-and-approved-step-by-step.aspx\)](/English/safety-prevention/immunizations/Pages/how-vaccines-are-developed-tested-for-safety-and-approved-step-by-step.aspx)
- [All about the AAP Recommended Immunization Schedule \(/English/safety-prevention/immunizations/Pages/Recommended-Immunization-Schedules.aspx\)](/English/safety-prevention/immunizations/Pages/Recommended-Immunization-Schedules.aspx)
- [How Vaccine Schedules Changed Over Time & Why \(/English/safety-prevention/immunizations/Pages/History-of-Immunizations.aspx\)](/English/safety-prevention/immunizations/Pages/History-of-Immunizations.aspx)
- [Medicine in the Media: Reliable Health Information v. Fake News \(/English/family-life/Media/Pages/Medicine-Ads.aspx\)](/English/family-life/Media/Pages/Medicine-Ads.aspx)
- [WHO Expert Group's New Analysis Reaffirms There is no Link Between Vaccines and Autism \(<https://www.who.int/news/item/11-12-2025-who-expert-group-s-new-analysis-reaffirms-there-is-no-link-between-vaccines-and-autism>\)](https://www.who.int/news/item/11-12-2025-who-expert-group-s-new-analysis-reaffirms-there-is-no-link-between-vaccines-and-autism)
- [Retraction Watch: Top 10 Most Highly Cited Retracted Papers \(<https://retractionwatch.com/the-retraction-watch-leaderboard/top-10-most-highly-cited-retracted-papers/>\)](https://retractionwatch.com/the-retraction-watch-leaderboard/top-10-most-highly-cited-retracted-papers/)

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